

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7:00	 FITBOXING	 ELEMENTS	 FITBOXING	 ELEMENTS	 FITBOXING	
7:30	7:00-8:00	7:00-8:00	7:00-8:00	7:00-8:00	7:00-8:00	
11:00	 ELEMENTS	 FITBOXING	 ELEMENTS	 FITBOXING	 ELEMENTS	 FITBOXING
11:30	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00
12:00						 ELEMENTS
12:30						12:00-13:00
13:00						 FITBOXING
13:30						13:00-14:00
14:30	 FITBOXING	 ELEMENTS	 FITBOXING	 ELEMENTS	 ELEMENTS	<p>LAS RESERVAS DE LAS SESIONES SE REALIZAN A TRAVÉS DE LA APP DEL CENTRO.</p> <p>CONSULTA TÉRMINOS Y CONDICIONES.</p> 
15:00	14:30-15:30	14:30-15:30	14:30-15:30	14:30-15:30	14:30-15:30	
17:00					 ELEMENTS	
17:30		 HIPOPRESIVOS			17:00-18:00	
18:00	 FITBOXING	17:30-18:30	 ELEMENTS		 FITBOXING	
18:30	18:00-19:00		18:00-19:00	 ELEMENTS	18:00-19:00	
19:00	 FITBOXING	 HIPOPRESIVOS	 FITBOXING	 ELEMENTS	 FITBOXING	
19:30	19:00-20:00	19:00-20:00	19:00-20:00	18:30-19:30	19:00-20:00	
20:00	 FITBOXING	 FITBOXING	 FITBOXING	 FITBOXING	 FITBOXING	
20:30	20:00-21:00	19:30-20:30	20:00-21:00	19:30-20:30	19:00-20:00	
21:00	 ELEMENTS	 FITBOXING	 FITBOXING	 FITBOXING	 ELEMENTS RUNNING	
21:30	21:00-22:00	20:30-21:30	21:00-22:00	20:30-21:30	20:30-21:30	